

## 2001 California Dietary Practices Survey

**Table 77: Level of Activity At Work**

Question: When you are at work, which of the following best describes what you do?

Would you say mostly sitting or standing, mostly walking, or mostly heavy labor or physically demanding work?

	Percent			
	Mostly Sitting or Standing	Mostly Walking	Mostly Heavy Labor	Not Working
<b>Total</b>	<b>44</b>	<b>22</b>	<b>11</b>	<b>23</b>
<b>Sex</b>				
Males	44	23	16	17
Females	45	21	6	29
<b>Males</b>				
18 - 24	43	26	28	3
25 - 34	51	28	17	4
35 - 50	50	26	19	6
51 - 64	52	18	8	22
65+	9	8	3	80
<b>Females</b>				
18 - 24	47	28	11	14
25 - 34	54	25	6	15
35 - 50	53	24	7	16
51 - 64	47	13	4	35
65+	17	9	1	72
<b>Ethnicity</b>				
White	46	18	10	25
Hispanic	40	30	12	18
Black	40	28	11	21
Asian/ Pacific Islander	55	24	4	17
<b>Education</b>				
Less than high school	23	33	14	29
High school graduate	38	20	15	27
Some college	46	22	11	21
College graduate	57	19	6	18
<b>Income</b>				
Less than \$15,000	32	23	11	34
\$15,000 - 24,999	38	24	14	24
\$25,000 - 34,999	36	31	14	19
\$35,000 - 49,999	50	18	14	17
\$50,000+	63	16	8	14
<b>Physically Active</b>				
Did not meet recommendations	43	22	10	25
Met recommendations	46	22	12	20
<b>Overweight Status</b>				
Overweight/Obese	46	20	11	23
Not overweight	45	23	11	22

A box around a group of numbers signifies that differences observed within this group are statistically significant Chi Square Test

\*\*\* p<.001